



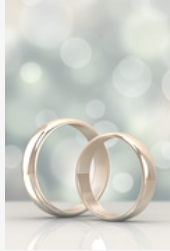
Holy Family Fertility Care

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INTRODUCTION TO NATURAL FAMILY PLANNING FOR MARRIAGE PREP

Couples can participate in the Introductory Session for the Creighton Model FertilityCare System to meet the Natural Family Planning component of their Marriage Prep requirement. Both group and individual sessions are available. Sessions are done online and can be arranged at times which are convenient for couples who are located anywhere in the world!



INDIVIDUALIZED ONLINE INSTRUCTION FOR COUPLES WANTING TO USE NFP TO EITHER AVOID OR ACHIEVE PREGNANCY

Individualized instruction includes five individual follow-ups during the first three months after the Introductory Session and three individual follow-ups over the next nine months. The follow-ups are there to help answer any questions couples might have in using the program and to make sure they are confident in using the system throughout their marriage.



HELP FOR COUPLES STRUGGLING TO ACHIEVE A PREGNANCY

The Creighton Model FertilityCare System offers hope to couples who may be struggling to achieve a pregnancy and are being told IVF is the only option. There is another way! NaPro Technology (the medical aspect of the Creighton Model) is a scientific approach to healing your body to create an ideal environment for a baby. It works with your body's natural cycle to restore health and fertility.



MARRIAGE PREP RETREATS AND CONFERENCES

Are you organizing or hosting a Marriage Prep conference or retreat and need someone to speak about Natural Family Planning? Erin Welsh, CFCP, is available to speak to groups of all sizes about Natural Family Planning and the Creighton Model FertilityCare System. Contact her today to discuss your needs and how she can help!

Erin Welsh, CFCP, is the Director of Holy Family FertilityCare. She works with couples all over the world teaching about Natural Family Planning and the Creighton Model of FertilityCare.