



# Holy Family Fertility Care

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## References for Areas of Referral: Archdiocese for the Military Services/DC Area

### Medical

NaPro Medical Consultants in the Washington, DC area:

**Dr. Vivian Lugo**

**2000 North Beauregard Street**

**Suite 330**

**Alexandria, Virginia 22311**

**Phone: (703) 370-2400**

**<http://www.fmaa.com/>**

**Dr. Kristi Pogue**

**1001 Pine Heights Ave. #203**

**Baltimore, MD 21229**

**Phone: (410) 644-1908**

**Fax: (410) 525-3569**

**<http://naturalfertilitycaremd.com>**

Pope Paul VI Institute for long distance consultation for those living outside the DC area:

**Pope Paul VI Institute**

**6901 Mercy Rd.**

**Omaha, NE 68106**

**Main: (402) 390-6600**

**Fax: (402) 390-9851**

**<http://www.popepaulvi.com/>**

To find a NaPro Medical Consultant in other areas of the country/world:

**<http://www.fertilitycare.org/>**

Directory of NFP Only Physicians in the US:

**<http://onemoresoul.com/nfp-directory>**

9 Facts About NaPro For Those Struggling with Infertility

**<http://www.holyfamilyfertilityeducation.com/naprotechnology>**

### Natural Family Planning Options

For general information on the benefits of Natural Family Planning and links to other methods available:

**General Information: <https://naturalwomanhood.org/>**

**Billings Ovulation Method: <http://www.boma-usa.org/>**

**Couple to Couple League: <https://ccli.org/>**

**Marquette Method: <http://nfp.marquette.edu/>**

### **Spiritual**

For spiritual assistance or questions regarding church teaching, please contact your parish priest or contact the Archdiocese for the Military Services to find a Chaplain near you:

**Archdiocese for the Military Services**

**PO Box 4469**

**Washington, DC 20017**

**Phone: (202) 719-3600**

**<http://www.milarch.org/>**

### **Psychological**

**Catholic Charities**

**Counseling/Family Services**

**Diocese of Arlington, VA**

**200 N Glebe Road, Suite 250,**

**Arlington, VA 22203**

**Phone: 703-224-1630**

**[http://www.cdda.net/programs\\_family.php](http://www.cdda.net/programs_family.php)**

### **Family**

For assistance regarding family issues, please reach out to your local diocese to see the resources available. For those in the DC/Virginia area:

**Diocese of Arlington, VA**

**Office for Family Life**

**200 N. Glebe Road, Suite 523**

**Arlington, VA 22203**

**Phone: 703-841-2550**

**<https://www.arlingtondiocese.org>**

**Diocese of Washington, DC**

**PO Box 29260**

**Washington, DC 20017-0260**

**Phone: 301-853-4500**

**<http://adw.org/>**

### **Adoption**

For resources in assisting you to grow your family through adoption in the DC/Virginia area:

**Catholic Charities**

**Center for Adoption Services**

**Diocese of Arlington, VA**

**3251 Old Lee Highway Ste.402**

**Fairfax, VA 22030**

**Phone: 703-425-0100**

**<http://www.centerforadoptionsservices.org/>**